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SUTAB PREP

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DAY 1, DOSE 1

- The day BEFORE your colonoscopy
- You are encouraged to hydrate adequately before, during and after taking SUTAB
- Swallow the 12 tablets with the first 16 ounces of water
- The day before your colonoscopy, open the first bottle of 12 tablets and take SUTAB as described below.

STEP 1: Open 1 bottle of 12 tablets.

STEP 2: Fill the provided container with 16 ounces of water (up to the fill line). Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.

IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink the additional two 16 ounces of water

STEP 3: Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4: Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DAY 2, DOSE 2

- The day OF your colonoscopy
- Swallow the other 12 tablets with another 16 ounces of water
- The day of your colonoscopy (5 to 8 hours prior to your colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets

Repeat STEP 1 to STEP 4 from DAY 1, DOSE 1

IMPORTANT: You must swallow all tablets and drink all the water at least 2 hours before your colonoscopy

Do not take oral medications within 1 hour of starting each dose of Sutab.

If taking tetracycline or fluroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less that 6 hours after administration of each dose of Sutab.

DAY OF PROCEDURE

- Avoid eating or drinking** unless you have been instructed otherwise.
- Take necessary medications** with a small sip of water.
- Arrive at the hospital** at your specified procedure time.
- Bring a trusted individual with you or have them arrive following your procedure to drive you home. **You are required to have a driver.**

WHAT TO EXPECT

- Mild nausea or abdominal fullness which is tolerable
- Hunger which is tolerable
- Profuse watery bowel movements

-If you are on a blood thinner (ie: Xarelto, Plavix, Coumadin, Eliquis, Effient, or Brillinta), our clinical staff will contact your prescribing provider for instructions. You will be notified prior to your procedure via phone or mail.

-Check with office if on diabetic medications/insulin. These may need adjusted for the procedure.

You may continue your daily Aspirin or pain medications up until the day of your procedure

If you use an inhaler, use it the morning of your procedure and bring it with you to the hospital

If you are diabetic, please use sugar free products. If you take insulin, cut insulin dose in half during your prep. NO insulin on day of procedure

No vitamins or herbs 7 days prior to procedure

Do not take Ibuprofen or Aleve for 5 days before your procedure. You may take Tylenol.

YOU WILL RECEIVE A CALL THE DAY BEFORE YOUR PROCEDURE, NOTIFYING YOU OF WHAT TIME YOU ARE TO ARRIVE. IF YOU ARE SCHEDULED ON A MONDAY THEN YOU WILL BE CALLED ON THE FRIDAY BEFORE.

Call our office or go to emergency room if you experience Intolerable nausea and/or vomiting, abdominal pain, blood in stool, or any other concerning symptoms.